



# ACADIANA GASTROENTEROLOGY

A S S O C I A T E S

439 Heymann Blvd.  
Lafayette, LA 70503  
Ph. (337) 269-0963 \* Fax (337) 269-0553  
www.acadianagastro.com

- Stephen M. Person, M.D.
- James C. Biennu, M.D.
- Erick A. Salvatierra, M.D.
- Christopher P. Herrington, M.D.

- J. Patrick Herrington, M.D.
- Richard K. Broussard, M.D.
- Patrick A. Laperouse, M.D.
- Melanie M. Biennu, MD

## COLONOSCOPY PROCEDURE INFORMATION

PATIENT NAME: \_\_\_\_\_

PROCEDURE DATE: \_\_\_\_\_ ARRIVAL TIME: \_\_\_\_\_

PLACE FOR PROCEDURE: \_\_\_\_\_

Brand of Prep to be used: \_\_\_\_\_

You will begin a clear liquid diet the day prior to your procedure, beginning with breakfast, lasting all day until midnight.

### CLEAR LIQUID DIET:

- Water, Coffee, or tea (**NO milk or creamer added**)
- Carbonated beverages (soft drinks), NO "Energy" beverages
- Gelatin (Jell-O), plain or fruit flavored – **No red or purple coloring**
- Apple juice or white grape juice
- Gatorade, PowerAde, limeade, or lemonade
- Clear, fat-free, beef or chicken broth, or bouillon
- Snowballs, popsicles, slushes – **no red or purple coloring; no pulp**
- Clear hard candies, sugar, salt
- **Avoid any liquids not listed above & NO alcoholic beverages**
- **DO NOT EAT OR DRINK AFTER MIDNIGHT, EXCEPT YOUR MORNING PREP, UNLESS INSTRUCTED OTHERWISE**
- Special Instructions: \_\_\_\_\_

### **Notes and Comments:**

1. Take your blood pressure medication the morning of the procedure with a small sip of water.
2. Avoid iron and Metamucil-like medications **seven (7) days** before the procedure.
3. Avoid diabetic medications the morning of the procedure.
4. Avoid Gingko Biloba **three (3) days** before the procedure.
5. Notify us if you have a history of prosthetic heart valve, blood clots, stents, or atrial fibrillation.
6. **You MUST be accompanied by a friend or relative to drive and assist you home.**

*\*\*Acadiana Endoscopy Center, Inc. requires at least a 3 business day cancellation of your scheduled procedure or a \$100 fee will apply.\*\**

**IF YOU HAVE ANY QUESTIONS ABOUT THE PREP INSTRUCTIONS or YOUR SCHEDULED PROCEDURE, PLEASE CALL OUR OFFICE: (337)269-0963**