



ACADIANA GASTROENTEROLOGY

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EGD (Esophagogastroduodenoscopy) UPPER GI ENDOSCOPY PROCEDURE INFORMATION

PATIENT NAME: _____

PROCEDURE DATE: _____ ARRIVAL TIME: _____

PLACE FOR PROCEDURE: _____

An Endoscope is a flexible tube about half an inch in diameter. A camera sends images back to a TV monitor. For examination of the upper GI tract, the patient is sedated, and a topical anesthetic is sprayed on the back of the throat. The endoscope is then gently guided down the esophagus to the stomach. The stomach is then filled with just enough air to permit a survey of its interior. The endoscope may be passed through the pylorus and into the duodenum. Diagnostic and therapeutic procedures may be done, and photos may be taken during the investigation.

How should I prepare for the procedure?

An empty stomach allows for the best and safest examination.

DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT, including water. Tell your doctor in advance about any medications you take; you might need to adjust your usual dose for the examination. Discuss any allergies to medications as well as medical conditions, such as heart or lung disease.

Special Instructions:

Notes and Comments:

1. Let us know if you have a history of prosthetic heart valve, blood clots, stents or atrial fibrillation.
2. Avoid diabetic medications the morning of the test.
3. Make sure you take your blood pressure medication(s) the morning of the test with a sip of water.
4. **You MUST be accompanied by a friend or relative to drive and assist you home.**

***Acadiana Endoscopy Center, Inc. requires at least a 3 business day cancellation of your scheduled procedure or a \$100 fee will apply. ***

**IF YOU HAVE ANY QUESTIONS ABOUT THE PREP INSTRUCTIONS or YOUR SCHEDULED PROCEDURE,
PLEASE CALL OUR OFFICE: (337)269-0963**