



ACADIANA GASTROENTEROLOGY

A S S O C I A T E S

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CAPSULE ENDOSCOPY PROCEDURE INFORMATION

PATIENT NAME: _____

PROCEDURE DATE: _____ ARRIVAL TIME: _____

PLACE FOR PROCEDURE: _____

Capsule Endoscopy is contraindicated in patients with bowel obstruction and pregnancy. Patients with a pacemaker or defibrillator need to have monitoring during the procedure. We must know in advance if a patient has one of these devices.

You will begin a clear liquid diet the day prior to the procedure, beginning with breakfast, lasting all day until midnight.

CLEAR LIQUID DIET BEGINNING THE DAY BEFORE YOUR PROCEDURE:

- Water, Coffee, or tea (**NO milk or creamer added**)
- Carbonated beverages (soft drinks), NO "Energy" beverages
- Gelatin (Jell-O), plain or fruit flavored – **No red or purple coloring**
- Apple juice or white grape juice
- Gatorade, PowerAde, limeade, or lemonade
- Clear, fat-free, beef or chicken broth, or bouillon
- Snowballs, popsicles, slushes – **no red or purple coloring; no pulp**
- Clear hard candies, sugar, salt
- **Avoid any liquids not listed above & NO alcoholic beverages**
- **DO NOT EAT OR DRINK AFTER MIDNIGHT, UNLESS INSTRUCTED OTHERWISE**

Please follow ONE of the checked prep instructions below as directed by your physician:

- Drink ½ of the colon prep solution on the afternoon/night before your procedure. A glass of the solution should be taken every 10-15 minutes until ½ of the container is consumed.
- Drink 1 (one) bottle of Citrate of Magnesia as follows: Drink ½ of the bottle; wait 30 minutes, drink the other ½ of the bottle.

This entire process is required and is important to follow to ensure a clean colon. You may or may not be asked to take an additional medication before you arrive at the hospital to help propel the capsule safely through the gastrointestinal tract.



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Other Instructions:

1. **DO NOT** take diabetic medications on the morning of the exam because you will be fasting. However, bring your medication with you, as you will be allowed to eat as instructed by the hospital staff at a time determined by the nurse.
2. Avoid iron and Metamucil-like medications **seven (7) days** before test.
3. Make sure you take your blood pressure medication(s) the morning of the test.
4. **DO NOT** have an MRI during the capsule procedure.
5. You will be wearing a belt for 8 (eight) hours and must return to the Gastro Lab to have the belt removed.
6. Wear comfortable 2-piece clothing.