



ACADIANA GASTROENTEROLOGY

A S S O C I A T E S

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MoviPrep BOWEL PREP INSTRUCTIONS FOR YOUR PROCEDURE

BEFORE YOUR EXAM – Purchase the following:

- Your prescription for MoviPrep
- 4 Gas-X tablets

THE DAY BEFORE YOUR PROCEDURE:

Begin a **CLEAR LIQUID DIET** when you awaken on Day: _____, Date: _____.

NO SOLID FOODS are to be eaten on this day. You may **ONLY HAVE CLEAR LIQUIDS.**

Helpful hints to make your prep more tolerable: Refrigerate solution of Moviprep until very cold. Mix Moviprep with up to 2oz. of lemon or lime juice along with ice cold water, add a lid to your cup & drink the solution through a straw.

STEP 1 (Mix First Dose)

1. Empty 1 Pouch A and 1 Pouch B into the disposable container.
2. Add cool drinking water to the top line of the container and mix to dissolve.

STEP 2 (Drink First Dose)

1. The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz.), until the full liter is consumed.
2. Drink 16 oz. of a clear liquid of your choice. This is a necessary step to ensure adequate hydration and an effective prep.
3. Follow with 2 (two) Gas-X tablets.

DO NOT EAT OR DRINK ANYTHING after MIDNIGHT, UNLESS INSTRUCTED OTHERWISE, EXCEPT FOR THE PREP THE MORNING OF THE PROCEDURE & A SIP OF WATER WITH BLOOD PRESSURE MEDICATIONS

THE MORNING OF YOUR PROCEDURE, beginning at (time): _____

(If the time of your procedure changes, you must still begin your 2nd dose of prep solution 4 hours before the time of your procedure and fully consume it within 1 hour & 30 minutes)

STEP 3 (Mix Second Dose)

1. Empty 1 Pouch A and 1 Pouch B into the disposable container.
2. Add cool drinking water to the top line of the container and mix to dissolve.

STEP 4 (Drink Second Dose)

1. The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz.), until the full liter is consumed.
2. Drink 16 oz. of a clear liquid of your choice. This is a necessary step to ensure adequate hydration and an effective prep.
3. Follow with 2 (two) Gas-X tablets.

This entire process is required and is important to follow to ensure a clean colon. If not, your physician will not be able to complete a thorough exam and you may be asked to repeat your procedure.

IF YOU HAVE ANY QUESTIONS ABOUT THE PREP INSTRUCTIONS ABOVE, or
YOUR SCHEDULED PROCEDURE, PLEASE CALL OUR OFFICE: 337-269-0963

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